

**Southeast Region
CHNS/CHPS Report
August 2015**

Cassie Lewis, CHNS

- Assisting LHU Administrator with Flu Plans by contacting and communicating by telephone & email with Forrest City School District Superintendent's office and F.C. High school Principal. Appointments for LHU Administrator to meet with F.C. School District and with KIPP College Preparatory School on Monday 8/31. Emailed all LHU Administrators and offered assistance to them with school flu plans.
- Provided Screening certification trainings for new school nurse (H/V, Scoliosis, BMI).
- Collaborated with Chair of the St. Francis County Hometown Health Coalition, the North East Arkansas Baptist Association, the ADH Tobacco Prevention and Cessation Program, and the St. Francis County Hometown Health Improvement Coalition to provide over 200 backpacks for youth. Backpacks contained back-to-school supplies and health information, including smoke-free car cards about Act 811, fact cards on internet safety, stickers with health messages, SOS pencils, rulers, bookmarks, wrist bands, calculators, and other school supplies appropriate to students' ages and grades. Parents and students were also treated to water and snacks.
- Assisted Forrest City Medical Director to invite community partners to a public healthcare forum at the hospital on Medicaid and its relationship to East Arkansas' healthcare providers and patients-what work, and what doesn't work.
- School nurse visits conducted with the following school districts: Forrest City, Marvell, Clarendon, Palestine/Wheatley, Barton, Helena/West Helena and KIPP Delta College Prep. Resources provided to school nurses.
- Compiled resource boxes for six school nurses in West Memphis which included tobacco materials for their offices as well as for the parent centers. Other resources included nutrition, Physical activity, oral health, internet safety, sexual health, SOS pencils, Pens and desk notepads for the nurses.

Lisa England, CHNS

- Provided Worksite Wellness Presentation on New Trends and CO2 Monitoring. Several participants were smokers-shared quitline info with them and gave pamphlets to reinforce quitline info and presentation. Partnered with Kimber Knight to conduct this activity (25 participants).
- Partners Meeting-Currently Coordinating Children's Festival with Park Ranger. Event to be held Oct 3rd, 2015 in Lake Chicot State Park. Will have a Bicycle Basic Skills and Safety Clinic, as well as other child health related stations. Partnering with Lake Chicot State Park, Chicot HHIC, Healing Hearts, and Chicot County Cooperative Extension Service.
- Chicot County Safety Baby Shower with Kimber Knight (25 participants) and Bradley County Safety Baby Shower with Kimber Knight (8 participants).

- Partnering with SEARK CSH AmeriCorps Program to provide no less than 1,800 elementary students with increased opportunities and motivation to be more physically active and make healthy lifestyle choices. We have 18 members this year in Warren, Hermitage, Monticello, Drew Central, Woodlawn, Dumas, McGehee, Crossett, Hamburg, Dermott, and Hampton School Districts.
- Facilitated SEARK Food Service Training Topics included: US and AR Trends in Childhood Obesity, Preventing Food Bourne Illness, Food Allergies and Food Services, New ADE and USDA Requirements, Basic Food Service First Aid, and Trends in Adolescent Health.(20 participants).
- Provided training with Crossett SD new school nurse supervisor. Completed School Nurse Roles and Responsibilities, medication administration, Doctor's orders, Dosage changes, controlled substances, and OTC meds. Also covered Federal and State Legislation regarding: IDEA, Section 504, Confidentiality, standard precautions, training and delegation of nursing tasks, immunizations. Provided School Nurse Orientation notebook.
- Provided training with Warren SD new school nurse. Completed School Nurse Roles and Responsibilities, medication administration, Doctor's. orders, Dosage changes, controlled substances, and OTC meds, Federal and State Legislation regarding: IDEA, Section 504, Confidentiality, standard precautions, training and delegation of nursing tasks, immunizations. Provided School Nurse Orientation notebook.

Liz Mercer, CHNS

- Collaborated with SER CHNS and provided Vision Screening training, Hearing Screening training and Scoliosis Screening training for school nurses in Pulaski County area. Included Tobacco as a component of all the mandatory school screenings; Quitline, CO Monitor, Mr. Gross Mouth, Act 811 cards and health information about tobacco related disease was discussed.
- Assisted CHPS Anna Haver with BMI to make sure all nurses were registered and in ATRAIN.
- Provided Gatekeeper's presentation at ARESC for Jefferson County School Districts. This met ADE's required Suicide Professional Development for 2015-2016. Evaluation showed that 95% learned something they did not know. Lifeline was discussed with participates as a curriculum that could be implemented in the schools. ASIST training was discussed as next step to intervention. CO monitor, Tobacco Quitline Cards, Gross mouth, Act 811 cards and tobacco related diseases were discussed (13 Participants).
- Provided Child maltreatment presentation at ARESC for Early Childhood employees. CO monitor, Tobacco Quitline Cards, Gross mouth, Act 811 Cards and Health information about Tobacco related diseases was discussed (23 Participants).
- Provided Gatekeeper's presentation at ARESC for Early Childhood and White Hall School District. This met ADE's required Suicide Professional Development for 2015-2016. Evaluation showed that 95% learned something they did not know. Lifeline was discussed with participates as a curriculum that could be implemented in the schools. ASIST training was discussed Tobacco booth was set up with CO monitor, Tobacco Quitline Cards, Gross mouth, Act 811 Cards and Health information about Tobacco related diseases was discussed (23 participants).
- Attended Suicide Strategic Planning Committee in LR. SMART objectives were discussed.

- Assisted SWR CHNS with SAU Magnolia BSN nursing students (49) training to assist school nurses in Ouachita, Union, Miller, Columbia, and other counties in SW AR. Student nurses also assist in Mass Flu Clinics. Trainings included BMI, Flu 101 and HIPAA (with required test). Quitline and health information about tobacco related disease was discussed.
- Finalized with SEATRAC on Car Seat safety event for Timberfest.
- Facilitated Meeting with Jefferson County LHU and School Nurses to set up flu clinics in the schools.

Rosemary Withers, CHPS

- Provided assistance to Dollarway, White Hall and Pine Bluff Lighthouse to complete their comprehensive tobacco policy related to administering Second Chance curriculum to obtain signs for the districts.
- Partnered with Jefferson County Extension Service to conduct breath carbon monoxide testing at Mediterranean Cooking Class. 5 people participated.
- Participated in Watson Chapel in-service for food service workers; educated on Arkansas SAVES (Stroke Assistance through Virtual Emergency Support) program.
- Participated in Back to School Event in Stuttgart. Set-up booth with educational tobacco products (gross mouth, jar of, pregnancy and smoking, and tobacco activity books) and conducted breath test with carbon monoxide device. Completed one fax referral form for the AR Tobacco Quitline. Approximately 60 people participated.
- Participated in County Growing Healthy Communities meeting: Up from the Roots presentation was presented to demonstrate to new people ideas and possibilities for growing Jefferson County. Discussed how to get city and county officials involved in this initiative and upcoming activities.
- Attended Grant County Hometown Health Improvement meeting: Shared with members what activities and opportunities that CHPS may be able to implement in county's schools and communities. Made arrangements to provide CO monitor screenings at Timberfest.
- Attended Child Health Advisory Committee meeting: topics discussed included Special Olympics, CHAC report, school nurse update, child health report, and e-school update.
- Attended SE Region HHI Support Staff meeting: Discussed program goals and MOA for Injury Prevention, Tobacco Prevention and Cessation Program, Act 1220, and recommendations for statewide community HHI initiatives (CHPS recommended youth engagement and leadership in healthy initiatives such as nutrition and physical activity and policy development 101 for HHI support staff).
- Submitted outcomes for CHPS' strategic plan for wellness committees.